A Message from the Founder and President

Welcome to the California College of Ayurveda (CCA), the longest running, state-approved college and professional training program for the study of Ayurvedic Medicine in the United States. I am very pleased that you are interested in learning about CCA and about the ayurvedic profession. Today we enjoy a rare opportunity to participate in the rebirth of this ancient ayurvedic healing science as it evolves into a primary form of healing for the 21st century. Our graduates are pioneering this effort and are at the forefront, playing a vital role in the development of this new profession.

Studying ayurveda is more than a career; it is a personal transformation toward wholeness and wellness. Having applied the knowledge and wisdom ayurveda toward their selves, our graduates go back into their communities and become beacons of light, bringing healing and harmony to others. Together, our graduates are engaged in nothing less than a revolution of consciousness, supporting the transformation of humanity toward living in harmony with nature. Our philosophy is simple: Where there is harmony, there is health. Where there is disharmony, there is disease.

The California College of Ayurveda is dedicated to giving students the finest education in the field of Ayurveda. This is our mission and we have been the standard bearers within the profession supporting the development of quality education amongst all schools. We have done this through the founding of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine. Our graduates have been the leaders of these organizations and we continue to support the highest standards.

Our programs are designed to accommodate students who can dedicate themselves to full-time or weekend study and those who live at a distance. Regardless of the program our students are in, the standards are the same and quality of learning is experience is exceptional. Every facet of CCA’s program is coordinated to make sure that when you graduate you are competent and confident. While our program will challenge you, it is taught with great compassion and love. This is the Vedic way.

We offer our programs at two locations: our home campus in Northern California (Nevada City) and at our satellite site in Southern California near Los Angeles (Cerritos). We are proud to be a part of both communities and we invite you to join us.

The learning process never ends as we endeavor to embody the wisdom of Ayurveda in all areas of our lives. If Ayurveda has inspired you and reached into your heart, we hope you will join us and our students as we travel together on a journey of personal growth, professional development, and planetary healing.

Namasté,

Dr. Marc Halpern, D.C., C.A.S., P.K.S.
President
A Letter to Students

I remember one of the first classes in Ayurveda in the West in 1983 in which there were only a half dozen students without much of an idea as to what they were studying or why. One wondered if the serious pursuit of Ayurveda was but a fantasy. I have watched Ayurveda grow worldwide since then, and today it is clear that the fantasy has turned into reality. The outstanding education provided by the California College of Ayurveda is the clearest example.

I first met Dr. Marc Halpern as a student in 1991, and he soon joined me for additional training programs that we offered. I introduced him to additional teachers from India and supported him to begin the California College of Ayurveda. Today the school has become the most recognized institution outside of India and is respected worldwide.

I see Ayurvedic education today as having five necessities. The first is that it should provide a strong foundation in the traditional principles of Ayurveda. The second is a good herbal program. Herbs, after all, are the main healing substance prescribed in Ayurveda. The third is that it should teach good counseling skills for Ayurvedic practitioners, and students should be well versed in Ayurvedic psychology. Most health problems today have mental and emotional complications that cannot be ignored. The fourth is integration with Yoga therapy, which also continues to grow in popularity. Ayurveda is the ancient medicine of the Yoga tradition, founded by the same rishis and resting upon the same philosophy as classical Yoga. The fifth is a deep clinical foundation. Beyond lifestyle counseling and preventative medicine, Ayurveda is a complete medical system capable of helping humanity to heal from a wide array of chronic diseases that confound Western physicians.

The California College of Ayurveda provides outstanding training in the principles of Ayurveda, extensive herbal training, a deep foundation in psychology, opportunities to study Ayurvedic Yoga therapy and has pioneered clinical ayurvedic education in this country. Students who choose to study at CCA will receive a solid foundation in the traditional knowledge and learn how to apply it in modern times. When you graduate, you will be very well prepared to go into practice and stand among the finest trained practitioners in this country.

Ayurveda is respected worldwide as one of the most important traditional systems of healing. The work of the California College of Ayurveda has made a serious contribution to the well-being of humanity.

Dr. David Frawley (Pandit Vamadeva Shastri)

*Dr. David Frawley is one of the most highly regarded scholars of the Vedic sciences and an advisor to the California College of Ayurveda. For more information about him, please see his biography later in this catalog.*
Vision of the California College of Ayurveda

The California College of Ayurveda is dedicated to providing the highest quality education, health care, and research in the field of Ayurveda. We train students to become the doctors of the future, practitioners dedicated to understanding the whole person physically, emotionally, and spiritually. From this understanding, practitioners will be able to identify areas of disharmony between a client's actions, his or her constitution, and the environment. Practitioners will then understand how this disharmony relates to the client's illness or imbalance, and will develop a program of care to re-establish harmony and support their clients on their journey toward optimal health.

State Approval and International Recognition

The California College of Ayurveda, Inc. (CCA) is a private college and is approved by the Bureau for Private Postsecondary Education (BPPE) to offer programs in the study of ayurvedic medicine, as prescribed by the California standards set forth in the Education Code. The College's programs vastly exceed the minimum requirements of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine.

The California College of Ayurveda was selected by the prestigious Gujarat Ayurveda University as a partner in developing international ayurvedic standards of education. Gujarat Ayurveda University is the most prestigious ayurvedic university in India.

Continuing Education Credits

CCA has also been approved as a provider by the California Board of Registered Nursing to offer up to 500 contact hours of Continuing Education for registered nurses in California (Provider CEP13907). In addition, CCA is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider (Provider Organization 433824-00; Ayurvedic Massage and Body Therapy programs only).

“The experience was so gratifying and there is nothing else I would rather have been doing.”
— Jamie Lefcovich

“CCA has changed my life. I am now part of a community where I feel at home.”
— Diane Zankich
AYURVEDA FOR THE 21ST CENTURY

Ayurveda, which literally means "The Science of Life," is the healing science from India. It has been practiced for over 5,000 years by millions of individuals to assist the body in journeying back to optimal health. More and more people are discovering that these ancient principles are easily applicable to modern life and that they have the power to create health and contentment. Health is the end result of living in harmony with nature. Ayurveda allows us to become aware of our individual nature and to find the best ways to live a life of balance. It provides holistic understanding and healing to people on all levels: physically, emotionally, and spiritually. Ayurveda uses a multitude of healing modalities including herbs, diet, colors, aromas, sound, lifestyle recommendations, pancha karma, meditation, and yoga.

The Clinical Ayurvedic Specialist and the Ayurvedic Health Practitioner

CCA’s Clinical Ayurvedic Specialists (C.A.S.) and Ayurvedic Health Practitioners (A.H.P.) are the most thoroughly trained practitioners in the field of Ayurveda in the United States. With nearly 1000 graduates, CCA provides both academic and clinical training in preparation for students to go into private practice. It is the dharma (purpose) of a C.A.S. and an A.H.P. to share their knowledge and principles of Ayurveda to uplift the health and well-being of their community.

Our graduates are trained to understand a patient physically, emotionally, and spiritually. From this understanding, they identify the patient’s constitution and the nature of any imbalances, and then design and implement an appropriate treatment program. One part healer, one part counselor, one part coach, and one part guide, our graduates help people create optimal conditions for healing, balance and harmony in their lives. Ayurvedic Health Practitioners and Clinical Ayurvedic Specialists transform the lives of their patients. Clinical Ayurvedic Specialists are the doctors of the future, using principles from the past to help people achieve balance, harmony, and health in the present.

Professional Opportunities

Our Clinical Ayurvedic Specialist and Ayurvedic Health Practitioner programs are designed with the goal of training graduates to become independent, self-employed ayurvedic practitioners. We include training in the skills practitioners need to be successful. Ayurvedic Health Practitioners and Clinical Ayurvedic Specialists who are already licensed health care providers may use their ayurvedic training to enhance their current health care practices. All graduates have the unique opportunity to decide in which way they will use their education to serve their community, the planet, and all of humanity.

“Every day in my Ayurvedic practice I am so grateful and inspired by this wonderfully inclusive science and for the depth of training I received from the California College of Ayurveda. My training has given me the opportunity to see the world in a new way and to help people recreate balance and harmony in their lives.”
— Michelle Schaefer

“CCA is a unique and ideal academic school for learning Ayurveda in a professional way in the USA. A unique feature of this school is that it helps students learn the deeper meaning of yoga, in action and dharma. CCA teaches how life can be more meaningful and successful in the material world and, at the same time, harmonious with nature through the medium of Ayurveda.”
— Usha Koshla, M.D.
FREQUENTLY ASKED QUESTIONS

1. Why should I choose the California College of Ayurveda for my ayurvedic education?
Standards: CCA has the highest academic and clinical standards in the West. Our students are well known to be the finest trained in North America.

Success: Because of the clarity, focus and excellence of CCA's educational process, CCA has graduated the most successful practitioners in the country.

Making Medicines: CCA offers the most extensive herbal training in the country. Our program is one of the few in the United States where residents and interns have the opportunity to make each and every medicine they prescribe to their patients and participate in a special herbal apprenticeship program taking herbs from seed to medicine.

Internship: While most internships at other schools still only include observing a teacher seeing patients or performing consultation on other students, CCA’s professional internship program includes both observation and working directly with patients. CCA is also the only school in the country in which C.A.S. interns are paid while they are in school for the work they do. This builds self-esteem and confidence as you go into practice.

Cohesive Program: The program at CCA has been refined over an 18-year period. Every facet of CCA's training program is designed to coordinate a student's learning experience. Rather than provide students with seminar teachers who do not coordinate with each other, CCA's teaching staff is a completely integrated unit, meeting regularly, and working together to assure a cohesive learning experience.

Excellence in Teaching Staff: Teachers at CCA are hand-picked by Dr. Halpern for their knowledge, their ability to communicate clearly, and their ability to teach in an organized manner. All teachers also go through special “teacher training” to assure competency in the classroom. Each teacher has also developed important insights into the knowledge and brings these insights into the learning experience of the student. Perhaps most importantly, our faculty is living the principles of Ayurveda every day.

State and National Standards: Dr. Marc Halpern was instrumental in developing the currently accepted national guidelines for ayurvedic practitioner education and is leading the effort to raise those standards nationwide. Your education at CCA exceeds current guidelines and prepares you for the future of Ayurveda in the United States.

Classroom Hours: CCA offers more classroom hours of training in pure ayurvedic knowledge than any other major school in the United States.

Post-Graduate Study in India: Students who graduate from the California College of Ayurveda have several opportunities to participate in training programs and internships in India. CCA has a relationship with several Ayurvedic doctors and hospitals in India where interns can participate in apprenticeships.

Traditional, "Authentic" Ayurvedic Education: CCA is committed to helping students understand the complete science of Ayurveda as it was articulated thousands of years ago by the ancient teachers. This knowledge is contained in three major and three minor texts of Ayurveda written between 1500 B.C. and 1500 A.D. The curriculum at CCA helps to bring this ancient wisdom to you in a modern and easily understandable format.

2. Where did the titles "Ayurvedic Health Practitioner" and "Clinical Ayurvedic Specialist" originate?
Dr. Marc Halpern developed the title of Clinical Ayurvedic Specialist (C.A.S.) in 1995 for graduates of the California College of Ayurveda who have achieved the school's highest level of training in both health promotion and disease management. The C.A.S. title has become recognized as the highest standard of clinical ayurvedic education offered in the United States. The title Ayurvedic Health Practitioner (A.H.P.) was introduced in 2007 by CCA to recognize our graduates specializing in preventative Ayurvedic medicine.

3. Can my work at CCA help me to receive a Master's degree in Ayurveda?
Yes. The California College of Ayurveda has a memorandum of understanding with Hindu University of America. Students who wish to receive a Master's Degree may apply their credits of study at CCA toward a Master’s degree. Students who wish to receive their Master's degree in Ayurveda need to complete at least our AHP program to apply. Hindu University then requires that students complete a course in Hinduism and Sanskrit through their university along with a final research thesis paper or two additional electives. All additional course work can be completed through their distance learning program. Please note that in the United States, a Master’s degree does not afford any additional practice rights. The Master’s Degree program is administered by Hindu University of America.
ACADEMIC PROGRAMS

The California College of Ayurveda offers the highest level of training and most comprehensive curriculum in the field of Ayurvedic Medicine in the United States. In addition to providing students with training in the fundamental principles and practices of Ayurveda, at CCA students study disease management and receive the clinical training necessary to become successful in practice. In order to achieve these goals, the training program is offered in four levels in two locations and in differing formats. *

Level One: Ayurvedic Health Educator (599 hours)

Scope of Training: This is a very high level foundational program in Ayurvedic Medicine providing students with a solid foundation from which to explore the deeper applications of Ayurveda. Students who complete this program may continue their studies with CCA or begin to integrate what they have learned into complementary modalities. Graduates of this program may also choose to conduct introductory Ayurvedic workshops. This program combines well with our Ayurvedic Massage and Body Therapy certification and our Ayurvedic Yoga Therapy certification, providing a deeper foundation from which to practice.

Classes and Curriculum
This program is both theoretical and practical. Students will learn the principles of Ayurveda and apply them to their own lives. Living Ayurveda is the best way to learn Ayurveda. Students will also work on extensive cases studies to reinforce the learning process.
Module 1: Introduction to Ayurveda and Ayurvedic Lifestyle
Module 2: Philosophy
Module 3: Ayurvedic Anatomy and Physiology 1
Module 4: Ayurvedic Anatomy and Physiology 2
Module 5: Ayurvedic Pathology
Module 6 Diagnostics 1: Overview of Pulse, Tongue, and Body Diagnosis
Module 7: Ayurvedic Psychology 1
Module 8: Ayurvedic Psychology 2
Module 9: Ayurvedic Nutrition
Module 10: Introduction to Ayurvedic Herbalism
Module 11: Sensory Therapy: Aromatherapy, Color Therapy, Sound Therapy, and Daily Routines

Students completing the A.H.E. level of training have up to two years to begin Level Two training if they wish to continue their education. After two years, students will need to reapply to become active and take a placement examination in order to test their recall of basic A.H.E. program concepts.

Level Two: Clinical Ayurvedic Theory (605 additional hours; 1,204 total hours)

Scope of Training: Level Two is academic only. This level of training is a prerequisite for our practical, hands-on internships in preventative ayurvedic medicine and clinical ayurvedic medicine leading to practitioner certification as either an Ayurvedic Health Practitioner or a Clinical Ayurvedic Specialist.

Prerequisites: Students must first complete Level One and complete Western Anatomy and Physiology.

Classes and Curriculum
Students will study the classical and modern interpretations of the management of each system of the body and related diseases from an Ayurvedic perspective. Students perform projects and work with case studies as part of the learning experience. The program integrates extensive additional study of herbal medicine and practice designing herbal formulations.
Module 1: Pancha Karma Theory
Module 2: Diseases and Ayurvedic Management of the Digestive System 1
Module 3: Diseases and Ayurvedic Management of the Digestive System 2
Module 4: Diseases and Ayurvedic Management of the Respiratory System
Module 5: Diseases and Ayurvedic Management of the Urinary System
Module 6: Diseases and Ayurvedic Management of the Cardiovascular System
Module 7: Women's Health and Ayurveda 1: Pregnancy, Delivery, and Introduction to Pediatrics
Module 8: Women's Health and Ayurveda 2: Diseases of the Female Reproductive System
Module 9: Diseases and Ayurvedic Management of the Nervous System
Module 10: Ayurvedic Management of Chronic Diseases of the Endocrine, Immune, and Musculoskeletal Systems
Research Paper on an approved ayurvedic topic

* Programs are held at the main campus in Nevada City as well as at our satellite location in Southern California (Cerritos), which is an auxiliary teaching site. CCA’s administrative office staff, student records, and services are located at its main location in Nevada City.
Internships

Internship is the transition from student to practitioner. This is the most important time in a student’s learning experience. Internships may take place either at our Nevada City Campus Clinic or in the student's community as a field internship. Students who are performing a field internship will be supported to find a professional setting in which to perform their internships. Both the onsite and field interns are supervised by our post-graduate clinical staff. Field interns are assigned a clinical supervisor who oversees their cases from a distance through regular case review meetings. Health care consultations provided by interns are offered to patients at low cost.

Internship Fees and Stipends

The College establishes minimum fees for clinical services by AHP and CAS interns. Interns working at the College clinic follow a set fee schedule. Field interns may charge additional fees above the minimum fee schedule in order to cover their overhead. The minimum fees are returned to the College. For more information, see the internship disclosure and declaration statement upon enrolling in the course.

Level Three: The Ayurvedic Practitioner Internship (442 additional hours; 1,646 total hours)

Scope of Training: The student is trained for a scope of practice that focuses on preventative medicine, lifestyle transformation, and the promotion of health and wellness as well as the management of minor conditions related to digestion and elimination and the mind.

Prerequisites: Students must complete Level One and Level Two of our program. Transfer students must first complete a competency examination.

Requirements: Interns must complete a minimum of 50 patient visits. The first 10 visits must be performed on students, family, or close friends prior to seeing patients from the general public. Interns are responsible for attracting the patients needed to complete their program by giving public lectures, participating at health fair booths, and supporting other outreach activities of the College. These activities help interns to attract the patients they will need to fulfill their visit requirements. Training is provided by the College. The skills gained by these experiences help students to become more successful in practice.

Classes and Curriculum

Classes during Level Three are designed to prepare the student for internship and to support the student as he/she goes through internship. The initial internship preparation intensive must be attended in person by all students. The rest of the classes may be attended either in person or live over the internet.

Internship Preparation Intensive: This is a 12-day program with a one-day break in the middle. All students must attend this intensive in person. The following curriculum is covered.

Intensive Curriculum
- Ayurvedic Diagnostics: Abdominal Exams, Blood Pressure, Vital Signs
- Ayurvedic Pulse Diagnosis 2
- Making Herbal Medicines Lab (see description below)
- Internship Preparation: Internship Overview, Documentation, Ethics, Case Observation, Setting Up a Practice, Overview of a Public Education Program.

Module 1: Teaching Diet, Healthy Eating Guidelines, and Food Combining to Patients
Module 2: Ayurvedic Counseling Skills
Module 3: Practice Management 1: Writing a business and marketing plan (due at the end of internship)
Module 4: Teaching Lifestyle and Sensory Therapies to Patients
Module 5: Case Presentations

Making Herbal Medicines Lab
This outstanding training will help assure that the graduate is capable and competent to go into practice. This program begins with a four-day hands-on intensive where students learn to prepare a wide variety of herbal preparations.

Advanced Herbal Medicine Training
This outstanding training is the only one of its kind in the United States and will help assure that the graduate is capable and competent to go into practice. All interns design complex herbal formulations. Interns working onsite prepare all herbal formulations under the direction of the Director of the Herb Department. The formulas designed by off-site interns are prepared by our staff in our herbal dispensary. Interns working off site perform additional herbal projects.
Field Internships
Each field intern is supervised by a field intern supervisor who oversees individual cases, monitors progress, and assures completion of all required hours and reporting. Case discussions and reviews are scheduled in person or by telephone. Field interns perform additional herbal projects to meet the requirements of this aspect of the program. Field interns may incur additional minor expenses for postage, phone calls, faxes, etc.

Time Commitment: Interns are expected to make the time necessary to complete their program in a timely manner. This requires some work to be completed during the work-week.

Extensions: Students who cannot complete their program within the required six-month period may apply for up to two three-month extensions for a fee of $300 each. (Additional extensions may be considered after a meeting with the internship director.) For more information about the expectations of internship, please see the internship disclosure and declaration form available from the College and included in A.H.P. program enrollment materials.

Stipends: Students do not receive payments for services from the College during the Ayurvedic Health Practitioner internship.

Level Four: Clinical Ayurvedic Specialist Internship (345 additional hours; 1,991 total hours)

Scope of Training: The student is trained for a scope of practice that focuses on the management of disease and the design and management of Pancha Karma programs. Students will utilize all of the available tools of Ayurveda to support the healing process. The student will perform a minimum of 50 additional patient visits and gain additional experience and expertise while working with diet, herbs, aromatherapy, color therapy, sound and mantra therapies, and other ayurvedic and yogic practices.

Prerequisites: Students must first complete the Ayurvedic Health Practitioner internship program.

Classes and Curriculum
Students attend classes while seeing patients in their internship. Students gain additional experience preparing complex herbal formulations for a wide variety of conditions. Off-site interns perform additional herbal projects to meet the requirements of this aspect of the program.

Internship Preparation Intensive: This program includes documentation skills and observation of a consultation.

*Module 1: Advanced pulse diagnosis and business management.
*This is the only class during the C.A.S. internship that must be attended in person.

Modules 2-5: Case presentations: Students present real cases to their classmates. A discussion of the case is facilitated by our faculty. Students and faculty provide input into case management in order to enhance the learning experience of the intern.

Field Internships
Each field intern is supervised by a field intern supervisor, who oversees individual cases, monitors progress, and assures completion of all required hours and reporting. Case discussions and reviews are scheduled in person or by telephone. Field interns perform several projects working with herbs to complete the internship's herbal preparation training. Field interns may incur additional minor expenses for postage, phone calls, faxes, etc.

Time Commitment: Interns are expected to make the time necessary to complete their program in a timely manner. This requires some work to be completed during the work-week.

Extensions: Students who cannot complete their program within the required six-month period may apply for up to two three-month extensions for a fee of $300 each. (Additional extensions may be considered after a meeting with the internship director.) For more information about the expectations of internship, please see the internship disclosure and declaration form available from the College and included in C.A.S. program enrollment materials.

Stipends: Clinical Ayurvedic Specialist training is considered advanced practitioner training. As such, onsite interns receive a stipend of $50.00 per visit during their internship. Students who complete their entire internship successfully will have earned a total of $2,500.00.

“I received an outstanding education at the California College of Ayurveda. The program is rigorous and is designed for the serious student who is committed to working hard in order to harvest the rewards that will ultimately come from acquiring an education of this caliber.” — Marilynn Kay Jacobs, C.A.S.
EDUCATIONAL FORMATS

The California College of Ayurveda recognizes that a variety of educational formats are needed to meet the needs of differing student situations. The College offers students the opportunity to study Ayurveda at a distance and receive the same credit toward certification.

Full-Time Program

The Level One, Ayurvedic Health Educator program, may be completed in approximately six months. The Level Two, Clinical Ayurvedic Theory program, may be completed in another six months. Each internship takes at least an additional six months to complete. Class schedules vary at our different locations. The entire program can be completed in two years.

Weekend Program

The Level One, Ayurvedic Health Educator program, may be completed in approximately one year, meeting one weekend each month. The Level Two, Clinical Ayurvedic Theory program, may also be completed in approximately one year. Each internship program takes at least an additional six months to complete. The entire program can be completed in three years.

Live Internet (Vedaweb™) Classes

Students may attend weekend and full-time classes live over the internet from the comfort of their own home. Such students are held accountable to the same attendance and performance standards as other students. Our Vedaweb™ internet technology allows students with high-speed internet access to view the teacher and the teacher's presentation, and allows for two-way communication as if the student is in the classroom. Students must have high-speed internet access and a webcam. Students must be able to create a quiet space for study and not be distracted by external events during class. Please note that Vedaweb™ students also need to attend a limited number of intensives in Nevada City for hands-on training. Since onsite classroom students may at some point want to attend class via Vedaweb™ if they cannot attend class in person on a particular day or week, we require that all students enrolling in the classroom program take our free training in how to use this technology.

Distance Learning Program

The College's Distance Learning program is a revolutionary and innovative program that integrates home schooling, classroom education, and a one-to-one relationship with a Master Teacher (traditionally called Gurukula-style education) who guides the student's education. Distance Learning is available up to the beginning of A.H.P. internship. At that time, the student joins with interns from the classroom program. Students who cannot attend internship classes in the classroom may attend most classes live via the internet. The pace of the distance learning program closely matches that of the weekend program.

Distance study includes reading assignments, projects, and regular proctored examinations. For each section of the study program there are monthly phone meetings with an assigned Master Teacher. Assignments for lessons are returned to the students within seven days of receipt by the Master Teacher, and graded midterm and final exams are discussed with the student by the Master Teacher within two weeks. Distance learning students in the A.H.E. program must attend a concluding five-day intensive in Nevada City for review and hands-on training. There is no similar intensive for the distance learning C.A.T. program. Please see our website for more details. The College can assist students in making local housing arrangements in the Nevada City/Grass Valley area. The fees and credits for each level of the training program are the same as in the classroom programs.

“After graduating from CCA, I started my ayurvedic and pancha karma practice first in San Francisco, and now in Idaho. I’m amazed at how my education prepared me to help people in basic ways that make a real difference in their health and happiness.” — Cate Stillman

Dr. Halpern is a true gem! Being in a room with him is very inspirational. He is a brilliant instructor and makes everyone feel comfortable. — Bernadette Mansori
Summary of Course Hours
The following chart details an hourly breakdown for each format for our program.

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**PROGRAM LOCATIONS**

The main campus of the California College of Ayurveda is located at 700 Zion Street in Nevada City, California. Both full-time and weekend programs are offered at this location. The California College of Ayurveda also conducts a satellite training center in Southern California at 17100 Norwalk Boulevard, Suite 108, in Cerritos. Only the full-time program for level One and Two is conducted at this location. Level Three internship classes must be attended by field interns via our live internet classroom (Vedaweb™) and the Internship Preparation Intensive must be attended in person.

**ADMISSIONS AND TUITION**

**Admissions**
The California College of Ayurveda accepts a limited number of students into each of its classes. Applications are accepted throughout the year. Individuals who submit their applications by the priority application deadline receive special consideration for admission into the class of their choice. When a class has been filled, students will be added to a waiting list for the next class. While the College accepts students from other countries, no special English-language services are offered, nor are the College’s programs eligible for U.S. student visas. The programs of the College are taught in English. When applying to our programs, students must certify that they are proficient in the English language.

**Admissions Prerequisites**
Students are required to have a high school diploma or the equivalent in order to enter into the Level One, Ayurvedic Health Educator program. In order to enroll in the Level Two, Clinical Ayurvedic Theory course, students must show proof of completion of a college-level anatomy and physiology class. Such a class is currently offered in Nevada City at our school and runs concurrent with Level One. Students living at a distance may attend this course, when available, via Vedaweb™ on a space-available basis. We also accept college, community college, and online classes. Please contact the College for a list of acceptable online courses (also included in the A.H.E. program enrollment materials). Please note that this requirement is waived for students with prior health care degrees upon
documentation of the degree. It is also possible to fulfill the anatomy and physiology course requirement by passing a proctored exam administered by the College for a fee of 100.00 dollars.

Non-Discrimination Policy
All applicants are considered equally. CCA does not discriminate on the basis of gender, race, religion, age, nationality, or disability in its admissions process.

Credits for Previous Ayurvedic Study

Students of other recognized ayurvedic programs in the United States may take a placement examination to determine their competency in ayurvedic principles and practices. This examination covers topics in our A.H.E. (Level One) training program only. Students who take this exam and do well may be exempted from the first level of our training program (A.H.E. program) or be asked to take only specific classes. Others may be required to attend all first-level classes. The fee for the placement examination is $250.00. Due to variations in educational program standards, we do not accept direct transfer of credits from other institutions.

Ayurvedic doctors with a B.A.M.S. degree from India may take placement exams for both Level One and Level Two. Each examination is $250.00. Candidates who do well on both exams will be allowed to enter directly into the Level Three A.H.P. internship program. To take a placement exam, students must first apply and be accepted as a student, and submit evidence of prior ayurvedic training. Please contact the College for further information.

How to Apply
Step 1. Complete the Application for Admission form. It is essential that you supply all requested information.
Step 2. The application and fee can be submitted directly from CCA’s website or send the completed Application for Admission form with the application fee of $150, payable to the California College of Ayurveda, 700 Zion Street, Nevada City, CA 95959. The application processing fee is non-refundable.
Step 3. Schedule a pre-enrollment interview with the Enrollment Director.

Tuition and Fees
Application Processing Fee (nonrefundable) $ 150.00
Registration Fee for A.H.E., C.A.T., A.H.P., and C.A.S. $ 125.00
STRF Fee (nonrefundable, estimated amount, amount varies by program, $ 15.00
California residents/residency programs only, see p. 16 for further information)
Textbooks, Teaching and Reference material required (without tax or shipping)
  A.H.E. $ 125.00
  C.A.T. $ 115.00
  A.H.P. $ 25.00
Diagnostic Equipment (required for C.A.T.; without tax or shipping) $ 65.00

Professional Certification Tuition
Level One: Ayurvedic Health Educator Certification $ 4900.00
Level Two: Clinical Ayurvedic Theory $ 5100.00
Level Three: Ayurvedic Health Practitioner Internship $ 4200.00
Level Four: Ayurvedic Specialist Internship $ 3800.00
Add on Ayurvedic Massage and Body Therapy Certification to any Professional Certification $ 600.00
Add on Pancha Karma Specialist Certification to Level Two Certification $ 600.00

The tuition and curriculum of our programs reflect enrollment within the calendar year of this catalog. Enrollment into any level of our program during subsequent years is subject to tuition rates in place at that time and as reflected in the latest catalog. Additional administrative fees may be charged under special circumstances, such as for a change in financial agreement. Acceptance of an applicant remains in effect for 45 days to allow completion of the enrollment documents.

For classroom programs, the Priority Registration Deadline for enrollment is 30 days prior to the first class date. The Final Enrollment Deadline is 15 days prior to the first class date. Enrollments after this final deadline are subject to a $100 late fee.
Payment and Financial Aid Information
The California College of Ayurveda offers in-house financing to allow students to make low monthly payments, as described herein. Students who qualify for vocational training or vocational rehabilitation funds may apply to their local or regional programs for financing. The College is not eligible for federal or state financial aid/loan programs. Contact our Financial Aid Department for more information.

Scholarships
For students with severe financial hardship, the College offers the Dhanvantari Scholarship Program, providing need-based scholarships ranging from $500 to $1000 per level of the program. These scholarships are available to a very limited number of qualified applicants.

Karma Yoga
Karma yoga is a volunteer service program wherein students provide service from their hearts with no expectation of reward. Karma Yoga is a traditional yogic spiritual practice that purifies the heart allowing for a deeper experience of love and devotion. Students provide service under the direction of the staff of the College following a regular schedule and perform any service that is needed. Karma yogis are highly valued for the service they provide to the College. The College runs more smoothly for their efforts. Please note that Karma Yoga is not Work-Study or an exchange of work for education. Karma Yoga is pure, heart-centered, volunteer service. Karma yogis serve in any department and with any level of responsibility deemed appropriate by the Director of the College or their supervisor. Responsibilities will depend upon the needs of the College and the students’ abilities.

Tuition Payment Options

Full-Time and Vedaweb™, Level One and Two

Ayurvedic Health Educator Program (Ayurvedic Studies Level One)
Option A. Payment of the entire tuition of $4,900 prior to the start of classes.
Option B. Payment of $2,450 prior to the start of classes and payment of $2,450 by the first day of the third month after the start of classes.
Option C. Payment of a $800 deposit before the start of classes and five (5) monthly payments of $850.75 per month starting with the first month after classes begin, for a total tuition cost of $5,053.75. This plan includes a Time Payment Fee of $153.75.

Ayurvedic Health Educator Program with Ayurvedic Massage and Body Therapy Certification Added
Option A. Payment of the entire tuition of $5,500 prior to the start of classes.
Option B. Payment of $2,750 prior to the start of classes and payment of $2,750 by the first day of the third month after the start of classes.
Option C. Payment of an $900 deposit before the start of classes and five (5) monthly payments of $954.50 per month starting with the first month after classes begin, for a total tuition cost of $5,672.50. This plan includes a Time Payment Fee of $172.50.

Clinical Ayurvedic Theory Program (Ayurvedic Studies Level Two)
Option A. Payment of the entire tuition of $5,100 prior to the start of classes.
Option B. Payment of $2,550 prior to the start of classes and payment of $2,550 by the first day of the third month after the start of classes.
Option C. Payment of a $800 deposit before the start of classes and five (5) monthly payments of $892.25, per month starting with the first month after classes begin, for a total tuition cost of $5,261.25. This plan includes a Time Payment Fee of $161.25.

Clinical Ayurvedic Theory Program with Pancha Karma Specialist Certification Added
Option A. Payment of the entire tuition of $5,700 prior to the start of classes.
Option B. Payment of $2,850 prior to the start of classes and payment of $2,850 by the first day of the third month after the start of classes.
Option C. Payment of a $900 deposit before the start of classes and five (5) monthly payments of $996.00 per month starting with the first month after classes begin, for a total tuition cost of $5,880.00. This plan includes a Time Payment Fee of $180.00.

"I feel that I have had excellent overall training at CCA. I feel confident going into practice."
— Krista Neumann
Weekend, Vedaweb™, and Distance Learning, Level One and Two

Ayurvedic Health Educator Program (Ayurvedic Studies Level One)
Option A. Payment of the entire tuition of $4,900 prior to the start of classes.
Option B. Payment of $1,633.33 prior to the start of classes, payment of $1,633.33 by the first day of the fifth month after the start of classes, and payment of $1,633.33 by the first day of the ninth month after the start of classes.
Option C. Payment of a $500 deposit before the start of classes and ten (10) monthly payments of $473.10 per month starting with the first month after classes begin, for a total tuition cost of $5,230.00. This plan includes a Time Payment Fee of $330.00.

Ayurvedic Health Educator Program with Ayurvedic Massage and Body Therapy Certification Added
Option A. Payment of the entire tuition of $5,500 prior to the start of classes.
Option B. Payment of $1,833.33 prior to the start of classes, payment of $1,833.33 by the first day of the fifth month after the start of classes, and payment of $1,833.33 by the beginning of the ninth month after the start of classes.
Option C. Payment of a $500 deposit before the start of classes and ten (10) monthly payments of $537.50 per month starting with the first month after classes begin, for a total tuition cost of $5,875.00. This plan includes a Time Payment Fee of $375.00.

Clinical Ayurvedic Theory Program (Ayurvedic Studies Level Two)
Option A. Payment of the entire tuition of $5,100 prior to the start of classes.
Option B. Payment of $1,700.00 prior to the start of classes, payment of $1,700.00 by the first day of the fifth month after the start of classes, and payment of $1,700.00 by the beginning of the ninth month after the start of classes.
Option C. Payment of a $500 deposit before the start of classes and ten (10) monthly payments of $494.50 per month starting with the first month after classes begin, for a total tuition cost of $5,445.00. This plan includes a Time Payment Fee of $345.00.

Clinical Ayurvedic Theory Program with Pancha Karma Specialist Certification Added
Option A. Payment of the entire tuition of $5,700 prior to the start of classes.
Option B. Payment of $1,900 prior to the start of classes, payment of $1,900 by the first day of the fifth month after the start of classes, and payment of $1,900 by the beginning of the ninth month after the start of classes.
Option C. Payment of a $600 deposit before the start of classes and ten (10) monthly payments of $548.25 per month starting with the first month after classes begin, for a total tuition cost of $6,082.50. This plan includes a Time Payment Fee of $382.50.

Internship Programs, Levels Three and Four

Ayurvedic Health Practitioner Internship (Ayurvedic Studies Level Three)
Option A. Payment of the entire tuition of $4,200 prior to the start of classes.
Option B. Payment of $2,100.00 prior to the start of classes, and payment of $2,100.00 by the first day of the fifth month after the start of classes.
Option C. Payment of a $600 deposit and five (5) monthly payments of $747.00 per month starting with the first month after classes begin, for a total tuition cost of $4,335.00. This plan includes a Time Payment Fee of $135.00.

Clinical Ayurvedic Specialist Internship (Ayurvedic Studies Level Four)
Option A. Payment of the entire tuition of $3,800 prior to the start of classes.
Option B. Payment of $1,900.00 prior to the start of classes, and payment of $1,900.00 by the first day of the fifth month after the start of classes.
Option C. Payment of a $600 deposit and five (5) monthly payments of $664.00 per month starting with the first month after classes begin, for a total tuition cost of $3,920.00. This plan includes a Time Payment Fee of $120.00.
A late fee of $100 applies if the second, third, and/or fourth payments of Advance Payment Plans are not made within ten days of the date on which they are due.

Notice to Prospective Students: As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at PO Box 980818, West Sacramento, CA 95798-0818, www.bppe.ca.gov, (888) 370-7589, or by fax (916) 263-1897.
ADDITIONAL COURSES, SEMINARS AND INTENSIVES

The California College of Ayurveda offers a wide variety of additional shorter programs. Please see our supplemental brochures and our website for the latest seminars, dates, feedback from past students, and additional information as well as how to register. Below is a list of our regular, reoccurring programs. Additional programs are added throughout the year.

**Massage Therapy Courses**

All massage therapy courses are taught on site and are not available via Vedaweb™ or Distance Learning. Students who enroll in these courses must have some prior knowledge of Ayurveda. These courses are open to students from all ayurvedic schools. Students who have not studied Ayurveda at all must first complete the College’s Foundations of Ayurveda program. This is a 30-day (50-hours), distance-learning program.

**Ayurvedic Massage and Body Therapy Certification Course:** This five-day, 45-hour course trains students to practice Ayurvedic Massage, Shirodhara (oil slowly poured onto the sixth chakra), and Svedana (herbal steam treatment). This combination of therapies is affectionately called “Bliss Therapy”. Students work in groups of three giving and receiving massages.

**Ayurveda Marma Therapy Certification Course:** Marma points are energetic points that affect body, mind and consciousness. This six-day course teaches students to identify the 107 classical points and interact with them utilizing pranic healing, essential oils and massage. Students work in groups of two.

**Ayurvedic Dough Basti Certification Course:** A dough basti is a large circular container made from Black Gram flour that is applied to various parts of the body. The container holds specially prepared herbal oils that are used to treat back pain, eye disorders, thyroid disorders and energetic imbalances in the chakras. During this five-day course, students practice making the bastis and applying them to the body.

**Ayurvedic Facials Certification Course:** During this three-day course, students learn the hands-on procedures for massaging the face and treating it with special herbs, pastes and oils. Students work in groups of two giving and receiving massages.

**Pancha Karma Specialist Certification Course:** Once each year the College offers its five-day, 35-hour Pancha Karma Specialist training. This advanced program is only open to students who have completed the Ayurvedic Massage and Body Therapy certification program and who are enrolled in, or have completed, our Level Two, Clinical Ayurvedic Theory program. While students learn all about Pancha Karma and Pancha Karma clinical management during Level Two, this special seminar training program is almost exclusively hands-on. Students fine-tune their practices of abhyanga (ayurvedic massage), shirodhara, and svedana (herbal steam treatment), learn how to perform basti (enema) and nasya treatments; and discuss issues related to the daily practice of Pancha Karma. Although this course may be taken before completing the third level of the program, certifications for this course are given only to students who have completed their Ayurvedic Health Practitioner certification, as clinical case management experience is a requisite for competency.

**Ayurvedic Herbal Apprenticeship Program**

CCA is proud to be the first Ayurvedic College in the west to provide its own teaching herb garden, home to approximately 80 different species of plant medicines from around the world. While working in the garden under the guidance of Brenda Igler, Director of the herb department, students study plant identification and cultivation techniques gaining a deep understanding of the plants they are using in practice. During monthly classes, and while working in the College herbal dispensary, students receive the highest level of training in the United States in advanced Ayurvedic herbal medicine making and administration. Beyond cultivation and medicine making techniques, classes also cover topics such as flower essences, herbal first aid kits, body care products and the use of plant medicine in art as a form of subtle body healing. Guest teachers and local herb identification walks further enhance the education in this program. This 9-month program runs from April-December each year and is open to any CCA student/graduate that has completed Level 1 of the CCA curriculum.

**Yoga Courses**

**Ayurvedic Yoga Therapy:** This is a twelve-day program for Yoga teachers and Ayurvedic practitioners. Students learn how to apply the principles of Ayurveda to the practices of Yoga in order to support the healing process of the body and mind. The emphasis of this program is on the energetic of asana and pranayama. Students who complete this program will be able to provide individualized yoga program for their students / patients. Yoga teachers will also be able to conduct dosha-specific balancing classes. This program is not available via Vedaweb™.

**Yoga Nidra:** This four-day course teaches students the history, physiology and practice of Yoga Nidra, the Conscious Art of Deep Relaxation. Relevant research will also be presented into the health benefits of relaxation. The emphasis of this program is on teaching students how to teach Yoga Nidra to others in private and group settings. This program is only available on site.
GENERAL INFORMATION
Attendance and Performance Policies

Attendance/Tardiness: Students who fail to attend 36 hours in the full-time classes, or 2 weekends in our Weekend Classes will be placed on probation. Students on probation who fail to attend class may not attend further classes without a discussion with the Director. Continued attendance issues may result in dismissal. A student with chronic tardiness may be dismissed from the class.

Personal Conduct: Students are expected to conduct themselves in a professional, responsible, and non-disruptive manner. If students experience a particular individual as behaving inappropriately or disruptive to the learning environment, they should make an initial complaint to the instructor. If the circumstances cannot be resolved at the faculty level, the complaint should then be brought to Dr. Halpern, the President of the College, for review. If upon investigation the complaint is found to be valid, the offending student will be given a formal warning. If inappropriate behavior continues, the student will be dismissed from the program. In this event, the student will receive a pro-rated refund, calculated as described in the Enrollment Agreement.

Required Onsite Classes
Certain classes are mandatory for each level of the program and must be completed in person before a student can move on to the next level. Students who miss these classes may take them the next time they are offered at any location or arrange for a private tutorial for an additional fee when available.

   Level One: Ayurvedic Diagnostics 1; Level Three: Initial 12-day intensive, including Ayurvedic Diagnostics, Pulse Diagnosis, Making Herbal Medicines Lab, and Internship Preparation.  Level Four: Advanced Pulse Diagnosis and Business Management.

Our Facilities in Nevada City
CCA is located in a beautiful 11,000-square-foot building sitting on two acres of land along with two smaller buildings totaling about 13,000 square feet. The main building consists of classrooms, administrative offices, and a community health center. The College is wired to the internet and uses computer equipment and projectors during the educational program. The College has an onsite student resource room, which contains a small library and is available to students during regular business hours. Additional academic resources are located on our website and are available to all students.

Grading and Testing Policies
Attendance/Tardiness/Probation. Students who are enrolled in a classroom (and live internet/Vedaweb) instructional program but who are chronically absent from classes, will be transferred into the distance learning program. There is no probationary period related to this policy. Please see the Student Handbook for further details and policies regarding attendance.

Homework and Attendance (Completion of Program Modules.) This will account for 25% of a student's overall grade. Midterms. A midterm exam is given during the first two levels of the program. The midterm grade accounts for 25% of the overall grade. Final Exams. A final exam is given at the end of each of the first two levels of the program (A.H.E. and C.A.T.). The final exam accounts for 50% of the overall grade.

Passing Grades. Both the final examination score and the overall course average must be 75% or greater to proceed to the next level of the program.

Retaking Exams. Any final exam not passed may be retaken one time. If retaken, the grades from the two exams are averaged together, and the average must be no less than 75%. Any expenses for proctoring the retaken exam must be paid by the student. It may be possible for students also to arrange independent proctors for initial midterm or final exams in cooperation with the College. Midterm exams are generally not retaken.

A.H.P. and C.A.S. Internships. These hands-on practical programs are graded on a pass/fail basis based on the completion of all requirements.

Research Projects. During the Level Two program, students will be required to complete a research paper. During the Level Three (A.H.P.) preventative medicine internship program, students will be required to complete a business plan for an ayurvedic practice. Both projects are graded on a pass/fail basis.

Ayurveda Health Care Benefit
Students in Nevada City receive unlimited ayurvedic health advice and support in creating an ayurvedic lifestyle from an Ayurvedic Health Practitioner-Intern in accordance to the availability of the intern practitioner. The College feels that it is important that all students have access to ayurvedic health care and be fully engaged in their own healing process. This helps the student gain important insight into healing others.

“The teachers are excellent and I believe I have received a top quality learning experience.” — Dianne Bernard
**Satisfactory Academic Progress**
Students are required to complete each level of the academic program before progressing to the next level and program. Students who fail to complete a level/program will be required to retake all or a portion of the curriculum for that level, or they may be given additional assignments at the discretion of the instructor.

**Graduation**
An Ayurvedic Health Practitioner or Clinical Ayurvedic Specialist certificate of completion is awarded to students who successfully complete the entire program (three or four levels) in good academic standing. Upon request, students who complete the first two levels can receive a non-practitioner certificate of completion. Upon request, students who complete level one of the program can receive a certificate of completion as an Ayurvedic Health Educator. Students must have all tuition and fees paid in full in order to graduate.

**Other Student Policies**

**Student Housing**
The California College of Ayurveda does not currently offer student housing. Off-campus rental housing is available in the local community, ranging in price from $300 to $950 per month (some students consider house sharing to lower costs further). Although CCA has no responsibility to place students in housing, we do supply students with instruction on how to find housing. Please contact the College for more information.

**English-as-a-Second-Language**
The California College of Ayurveda does not offer English-as-a-second-language and all instruction occurs in English.

**Student Complaint Procedure**
From time to time, differences in school policies may arise among students, faculty, and/or the administration. If such differences arise, usually a miscommunication or misunderstanding is a major contributing factor. The College urges students to communicate any differences that arise to the individuals involved. If the problem cannot be resolved in this manner, the President of the College should be contacted. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education (BPPE) by calling toll-free 888-370-7589 or by completing a complaint form, which can be obtained on the Bureau’s internet website, www.bppe.ca.gov.

**Publicity/Advertising Rights**
The College reserves the right to photograph students and reproduce those photographs in school literature, publicity, and/or other advertising venues. The College also reserves the right to retain or request names of its graduates and/or to request and reproduce testimonials in school literature, publicity, and advertising. Any student or graduate who does not wish to grant permission to the College to use a photograph or testimonial should notify the College in writing.

**Post-Graduation**

**Placement Assistance**
Like other complementary and alternative health care professionals, Ayurvedic Health Practitioners and Clinical Ayurvedic Specialists find the most success going into their own practices. CCA does not offer formal placement services and makes no guarantee of employment.

**Record Retention**
All records regarding and concerning the California College of Ayurveda and all students who have enrolled are kept at CCA’s administrative office, 700 Zion Street, Nevada City, CA 95959, for a period of at least five years after the student’s graduation, withdrawal, or termination. Transcripts are to be kept indefinitely. Dr. Halpern is designated as the custodian of the records and maintains current and accurate records.

**Notice Concerning Transferability of Credits and Credentials Earned at CCA**
The transferability of credits you earn at the California College of Ayurveda is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in the California College of Ayurveda is also at the complete discretion of the institution to which you may seek to transfer. If the diploma that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the California College of Ayurveda to determine if your diploma will transfer.

**Leave-of-Absence, Cancellation, and Refunds**

**Leave-of-Absence and Withdrawal**
If significant illness or other serious circumstances occur that prevent a student from continuing the program as originally planned, a student in the first two levels may either withdraw from the College or apply for a leave-of-absence. For both alternatives, the student
needs to obtain, complete, and return an application form from the administrative office. A leave-of-absence or a voluntary withdrawal will not officially begin until the College has been notified in writing, preferably through the appropriate application form. When applicable, a student must obtain approval from his or her vocational counselor.

A student in the first two levels in good financial standing may take a leave-of-absence from the College from one month up to twelve months. With the permission of the College, a student may resume attending classes when a space becomes available in the next class at the level where the leave was initiated. To resume the program, a student must notify the College of his or her intention to resume classes and be in good academic and financial standing. It is not necessary for a student to retake any previously completed classes at levels one or two if the course of study resumes within twelve months of beginning the leave of absence.

Normally, during a leave the student's payment plan will continue with no interruption to protect the student from any future tuition increases. A student in good financial standing who does not wish to continue his or her payment plan also has the option to pay a one-time, up-front leave-of-absence fee of $300 or pay a fixed monthly fee of $30 per month during the leave instead of continuing monthly payments. These payments are not applied toward tuition. When an agreed-upon leave-of-absence has expired, a student must return to the program or be automatically withdrawn. In the latter case, a student will need to apply for re-admission to a new class at the tuition rate in effect at that time. This is also the case if a student chooses to withdraw rather than go on a leave. See "Refund Policy" below for further information on withdrawals.

Cancellation of Enrollment Prior to the Start of Classes
Students have the right to cancel the Enrollment Agreement for this course of instruction up through their attendance at the first class session or the seventh day after completing enrollment, whichever is later. Canceling students may obtain a refund of tuition minus a non-refundable application and registration fees not to exceed $250.00 dollars. Application and registration fees are non-refundable. All cancellations must be received in writing. A student can do this by mail, hand delivery, fax, or email. Any books (complete sets only), materials, and related supplies in excellent, resalable condition may be returned to the school for credit within thirty days following a notice of cancellation. If a student fails to do so, the school may deduct the documented cost of these books and equipment from any refund due to the student.

Class Cancellation Policy
All California College of Ayurveda classes require a minimum number of enrolled students in order to be held. Should a class cancellation occur, the College is not responsible for any loss incurred by the student beyond actual fees paid to the College. All fees paid to the College will be fully refunded. There will be no processing or administrative fees.

Refund Policy for Withdrawal
By means of written notice only (preferably using the College’s Withdrawal Form), a student may withdraw from a course after instruction has started. A student who has withdrawn or been withdrawn by the College will receive a pro-rata refund for the unused portion of the tuition and other refundable charges only if 60% or less of the instruction in a particular program has been completed. Refunds will be paid within 45 days of cancellation or withdrawal. The application and enrollment fees are non-refundable. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If the student has received federal student financial aid funds, the student is entitled to a refund of the moneys. Special courses and workshops have their own refund policy.

Student Tuition Recovery Fund (STRF)
The STRF was established by the legislature to protect California residents who attend private postsecondary institutions from losing money if they prepaid tuition and suffered a financial loss as a result of the school closing, the school failing to live up to its enrollment agreement, failing to pay refunds on behalf of a student, or refusing to pay a court judgment. You must pay the state-imposed assessment for the Student Tuition Recovery Fund if all of the following applies to you:
1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program [All CCA programs require some onsite attendance and are therefore considered residency programs by the BPPE.], and prepaid all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.
You are not eligible for protection from the STRF and are not required to pay the STRF assessment if either of the following applies:
1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program, or other payer, and you have no separate agreement to repay the third party.
Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1535 Capitol Avenue, Sacramento, CA 95833, or call (888) 370-7589, or email bppe@dca.ca.gov.

Accreditation
The California College of Ayurveda (CCA) is one of the foremost schools offering certificate programs in the science of Ayurveda. CCA is not a degree granting institution, and therefore is not accredited by an accrediting agency recognized by the United States Department of Education (USDE). The State of California requires us to inform all prospective students that a degree program that is unaccredited or a degree program from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California. As student federal financial aid is only available to institutions that are accredited, CCA does not and is not eligible to participate in federal financial aid programs, and a student enrolled in an unaccredited institution is not eligible for federal financial aid programs. In the field of Ayurveda there is currently no existing licensure process. As such, graduates of CCA's programs are not eligible to sit for any applicable licensure exam in California or other states.
FACULTY

Founder and President
Dr. Marc Halpern, D.C., C.A.S., P.K.S. (Ayurvedacharya), is the Founder and President of the California College of Ayurveda. He is one of the pioneers of Ayurveda in the West and is considered to be a pre-eminent practitioner and teacher of Ayurveda in the United States. He is one of the few Westerners ever recognized in both the United States and in India as an authority on the subject of Ayurveda and was awarded the All India Award for Best Ayurvedic Physician. A pillar in the development of the profession in the United States, he is the co-founder of the National Ayurvedic Medical Association for which he served as Chairman of the National Committee on Ayurvedic Education. He is also a co-founder of the California Association of Ayurvedic Medicine. A Doctor of Chiropractic with post-graduate certification in Holistic Medicine, Dr. Halpern has studied with many noted teachers from India and the United States.

Dr. Halpern is the author of the popular book, Healing Your Life, Lessons on the Path of Ayurveda. He is also a contributing writer for many other books on Ayurveda and holistic medicine. He has authored two important textbooks on Ayurveda. He has published articles in almost every major journal and magazine on yoga or Ayurveda and in 2005 was interviewed by Mike Wallace on CBS's 60 Minutes. Dr. Halpern's own remarkable story of personal healing was featured in the national magazine, Spirituality and Health. He has been quoted in many major newspapers, including The New York Times and The Los Angeles Times. In addition to his work with the California College of Ayurveda, Dr. Halpern is a certified yoga instructor and a teacher at International Sivananda Yoga Vedanta Centers worldwide. He received his spiritual name, Shiva, from Swami Swaroopananda.

Nevada City Faculty

Mary Thompson, C.A.S., P.K.S. (Ayurvedacharya), is a graduate of the California College of Ayurveda and senior teacher with certifications as a Clinical Ayurvedic Specialist and Pancha Karma Specialist. Mary is a graduate of the first graduating class of the College in 1997. In 2008 she received the Charaka Award for Excellence in Ayurvedic Teaching and was given the title "Ayurvedacharya" (respected teacher of Ayurveda) by Dr. Halpern. She has been an invited speaker at several ayurvedic conferences and is a founding member and former Secretary of the California Association of Ayurvedic Medicine. She is also the founder of the non-profit organization, Everyday Ayurveda. Mary is in private practice in Grass Valley, California.

Brenda Igler, C.A.S., P.K.S. (Director of Herbalism): Brenda is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist and a Pancha Karma Specialist. Brenda has continued her education with studies in India, focusing on herbalism and complementary treatments of cancer. As part of the teaching faculty at the College, she is involved in teaching all levels of the curriculum. As the Director of Herbalism, Brenda runs the Advanced Ayurvedic Herbal Apprenticeship course. Brenda conducts her clinical practice at the College’s health care center utilizing her compassion and inspiration to guide her patients in a creative way through their healing journey.

Jessica Hartley Litton, C.A.S., P.K.S., is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist and a Pancha Karma Specialist. In addition to teaching, Jessica conducts her private practice at the College’s clinic and supervises interns. As a student, Jessica interned directly under Dr. Halpern’s supervision. She is a dancer and an artist, bringing creativity into every aspect of her work.
Rev. Ryan Phillip Strong, C.A.S., is a graduate of the California College of Ayurveda with certification as a Clinical Ayurvedic Specialist. He is also a Kriya Yoga practitioner and a disciple of the Reverend Roy Eugene Davis, a direct disciple of Paramahansa Yogananda. In 2011, Ryan became an ordained minister with the Center for Spiritual Awareness founded by the Reverend Davis and has dedicated his life to the universal teaching of healthy conscious living through Ayurveda and yoga.

Ram Rao, PhD, CAS, RYT, comes from a family of Ayurvedic practitioners and Vedic teachers in India tracing back to the illustrious Vedic-acharya Rishi Kaundinya. A graduate of the California College of Ayurveda with certification as Clinical Ayurvedic Specialist, Ram is also a dedicated yoga practitioner and certified teacher. He has published several articles in major Yoga and Ayurveda journals and has been a featured speaker in several meetings and symposia. Ram holds a doctorate degree in Neurosciences and works as a Research Associate Professor at the Buck Institute for Research on Aging, Novato, CA, on various aspects of age associated neurodegenerative diseases.

Mary-Alice Quinn, C.A.S., graduated from the California College of Ayurveda with certification as a Clinical Ayurvedic Specialist. She is a practitioner member of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine. She has completed a variety of advanced post-graduate Ayurvedic studies in the US and India and has been a practitioner of Yoga for more than fifteen years. Mary-Alice writes articles for popular yoga and Ayurveda publications, conducts public workshops and has an active private practice in Sacramento where she focuses on both preventative medicine and disease management.

Ragaia Belovarac, M.A., C.A.S., P.K.S., C.M.T., is a graduate of the California College of Ayurveda with certifications as Clinical Ayurvedic Specialist and Pancha Karma Specialist. Ragaia is the past co-director of the College's Pancha Karma Center, where he worked closely with Dr. Halpern. This experience deepened his understanding of creating and holding sacred space in a way that facilitates the patient's healing journey. Ragaia teaches several of the body therapy courses at the College including the Pancha Karma Specialist trainings. He is also the director of Blue Sage Sanctuary in Nevada City, California, where he practices Ayurveda and Pancha Karma.

Southern California Faculty

Sri Devi (Marisa Laursen), B.S., C.A.S., P.K.S., A.Y.T., C.M.T., is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist, Pancha Karma Specialist and Ayurvedic Yoga Therapist. She has an active clinical practice in Chino, California and is a member of the National Ayurvedic Medical Association. Sri Devi has a Bachelor’s degree in Human Services, is a Certified Massage Therapist and has completed post-graduate Ayurvedic training in India as well as through the Sivananda Yoga Vedanta organization. Sri Devi received her spiritual name from Swami Swaroopananda of the Sivananda Yoga Retreat and considers herself a life-long student of Ayurveda, Yoga and Vedanta.

Robert J. Talbert Jr., M.S., C.A.S., is a graduate of the California College of Ayurveda with
certification as a Clinical Ayurvedic Specialist. Rob is in private practice in Laguna Beach, California. He completed a post-graduate one-and-one-half-year clinical internship with Vicki "Vijaya" Stern and participated in post-graduate study with Dr. Liladhar Gupta in Vrindavan, India. He is a peer-reviewed professional member of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine. He has been a life-long student of Yoga, Zen, Non-dual philosophy, the ways of nature and holistic health.

**Devi Mueller, C.A.S., MAyu,** is a graduate of the California College of Ayurveda with certification as a Clinical Ayurvedic Specialist. She completed the Master of Ayurveda program through the *International Vedic Hindu University*, with a focus on Samkhya and Yoga Philosophy in 2009. She served as President of the Board of Directors of the National Ayurvedic Medical Association (NAMA) from 2008 through 2010 and continues as a Member on the Board of Directors. Devi has been instrumental in producing many of the NAMA Conferences as well as supporting the work of CCA in Southern California. Devi is in private practice in Seal Beach, California. She has been studying and practicing numerology, astrology, meditation, and yoga for the past 25 years.

**Vidya Venkatesh, C.A.S., P.K.S.,** is a graduate of the California College of Ayurveda with a certification as a Clinical Ayurvedic Specialist. She received her Pancha Karma training from the Ayur Vaidya Pharmacy in Coimbatore, India. Vidya has studied yoga and pranayama at the Patanjali Yoga Peet in Haridwar, India, and has been a student of Advaita Vedanta at the Chinmaya Mission of Los Angeles for over 15 years. Vidya is proficient in reading and writing Sanskrit. She is a member of the National Ayurvedic Medical Association and is in private practice in Irvine, California.

**Sandhiya Ramaswamy, M.B.A., C.A.S., P.K.S.,** is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist and a Pancha Karma Specialist. Born and having lived in India, she has had a lifelong and intimate connection with Ayurvedic healing. A member of the National Ayurvedic Medical Association, she has a private practice in Orange County, California. Sandhiya is also a certified Yoga Teacher and Thai Yoga Massage therapist. She studied yoga with Jonny Kest, Ganga White and Tracey Rich.
Dr. David Frawley, O.M.D., is recognized as one of the leading Vedic scholars in the world. A Doctor of Oriental Medicine and an authority in the field of Ayurveda, Dr. Frawley has worked extensively with both Dr. Vasant Lad and Dr. Deepak Chopra, and he is an advisor to Dr. Chopra’s Center for Mind/Body Medicine. He is the founder of the American Institute of Vedic Studies and has written numerous books on Ayurveda, Vedic astrology and mythology, and yoga philosophy and practice, including *Ayurveda: Nature’s Medicine, Ayurveda and Yoga,* and *The Yoga of Herbs.*

Dr. Akhilesh Sharma, B.A.M.S., N.D., Ph.D., is an Ayurvedic physician at his clinic in New Delhi with his wife, Dr. Minakshi Sharma, a specialist in Ayurvedic Obstetrics and Gynecology. Dr. Sharma serves as Chief Physician and Director of Research and Development for Multani Pharmaceuticals, manufacturer of over 400 Ayurvedic medicines and herbal products. He is Ayurvedic Advisor to the Minister of Health in New Delhi and has received the Dhanvantari Award and the Chikitsa Shiromani Award for his contributions to the field of Ayurveda.

Dr. Liladhar Gupta, B.Sc., B.A.M.S., is a fourth-generation Ayurvedic physician from Vrindaban in northern India. Dr. Gupta was Director of the Herbal Medicare Center and Senior Physician at Prem Miketan Ashram in Jaipur. He taught at Wellpark College of Natural Therapies in Australia and currently directs a team of Indian physicians at Dhanvantari Dham, his own research, education, and healing center near Delhi.

Swami Sitaramananda, from the classical Sivananda tradition of Yoga from India, is a gifted teacher of yoga and meditation. She has been teaching for more than twenty-five years in Canada, Bahamas, and Asia, and is the Director of the Sivananda Ashram in Grass Valley, CA. Swami Sitaramananda was ordained in 1985 as a Sannyasin in the lineage of Saraswati, one of the ten classical monastic orders founded in India. She is a direct disciple of Swami Vishnudevananda, who is the disciple of Master Sivananda. She holds a degree in Jyotish (Vedic astrology) from the American College of Vedic Astrology and provides counsel to her students.

Yogini Shambhavi is a modern-day mystic, teacher of Vedanta and spiritual guide. She draws one to the deeper “Yogic Reality” awakening the Divine feminine power within our own hearts and minds, allowing its benevolent grace to flow into our daily life experiences. Co-Director of the American Institute of Vedic Studies, Santa Fe, New Mexico, she leads spiritual retreats, Ayurvedic training programs, conferences and well-being workshops around the world. Yogini Shambhavi has written two bestselling books on the Goddess, *Yogini: Unfolding the Goddess Within* and *Yogic Secrets of the Dark Goddess: Lightning Dance of the Supreme Shakti.*

Didi Ananda Lalita is the past Director of Ananda Dhiira Ashram in Penn Valley, CA. Originally from Taiwan, she is a Sanyasini of Ananda Marga (Sanskrit language for “The Path of Bliss”), a worldwide spiritual and social non-profit organization dedicated to Self-Realization and Service to Humanity. Didi received her ministerial training in the Science of Intuitional Practice in India in the early 1980s, and has been teaching meditation and promoting yogic/sattvic lifestyle in different parts of the world for over 27 years. While pursuing enlightenment as the highest human treasure, she is dedicated to a life of service and to sharing the wisdom and beauty of spiritual life with all seekers.
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“When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds. Your mind transcends limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world.”

Patanjali

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